### Orientation for Interprofessional (IP) Student Teams:

#### Tips for IP Student Team Members

When an IP student team is coming together for the first time, consider:

- Scheduling time to get to know team members
- Developing a “things you should know about me” profile sheet
- Initiating team activities about things you have in common (e.g. children, music, food) and celebrate diversity
- Organizing regular interprofessional social activities
- Shadowing team members to get a better understanding of their roles and responsibilities
- Agreeing upon a strategy to deal with concerns before they escalate
- Discussing your scopes of practice
- Organizing regular team meetings to reflect on team dynamics and collaborative practice – including having open and democratic discussions with colleagues regarding team functioning
- Appropriate leadership roles
- Developing or deciding on tools for communicating information about patients (e.g. TeamSTEPPS SBAR and I PASS THE BATON)
- Developing a team agreement that outlines roles and expectations
- Developing a team contract to document and assist your team on how it plans to meet the IP competencies

Try to always:

- Participate in team meetings
- Solicit alternative perspectives or points of view, and be tactful when presenting an alternative perspective
- Recognize a team member’s accomplishments, such as when the person went beyond the call of duty or demonstrated exemplary teamwork
- Do not interrupt when others are speaking
- Focus on what others are saying
- Ask for clarification when you do not understand
- Be sensitive to others’ personal situations
- Use the “24 hour rule” before reacting when upset
- Give credit when credit is due
- Demonstrate respect by actively listening to ideas and concerns of others, and considering others’ suggestions