Children and seniors can be at an even higher risk of abuse when times are challenging. Below are resources that offer crisis intervention support and guidance on what to do if you suspect abuse, neglect, or maltreatment of a child or senior.

**Child abuse and neglect resources:**

**Childhelp National Child Abuse Hotline**  
1-800-4-A-CHILD (TDD 1-800-422-4453)  
www.childhelp.org  
Call or text 24/7 for confidential access to professional crisis counselors.

**Child Welfare Information Gateway**  
www.childwelfare.gov  
› How to report suspected child abuse:  
  www.childwelfare.gov/topics/responding/reporting/how  
› State child abuse and neglect reporting phone numbers:  
  www.childwelfare.gov/organizations/?CWIGFunctionsacti  
› Recognizing signs and symptoms:  
  www.childwelfare.gov/pubs/factsheets/whatiscan/  

**National Center for Missing & Exploited Children**  
CyberTipline: 1-800-THE LOST (TDD 1-800-843-5678)  
www.missingkids.org/gethelpnow/cybertipline  
Call for help if you suspect a child is being exploited online.

**Elder abuse and neglect resources:**

**National Adult Protective Services Association**  
What is abuse?  
www.napsa-now.org/get-informed/what-is-abuse  
What is neglect?  
www.napsa-now.org/get-informed/what-is-neglect  
Get help in your area:  
www.napsa-now.org/get-help/help-in-your-area

**U.S. Administration on Aging: Eldercare Locator**  
800-677-1116  
https://eldercare.acl.gov/Public/Index.aspx  
Use the online locator by entering your zip code to locate community resources. To report suspected maltreatment, select “Elder Abuse Prevention” from the dropdown.

**National Domestic Violence Hotline**  
1-800-799-SAFE (TDD 1-800-787-3224)  
www.thehotline.org/help  
Offers crisis intervention, information about sources of help and referrals for shelters, programs, social service agencies, legal programs and other helpful organizations.

In the event of an emergency or if you or someone you know is in immediate, life-threatening danger, call the police or 911.