

# GUATEMALA

## Physical Therapy Cultural Competency Experience

PTH 725 (3 Credits)

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Tentative Travel Dates: mid/late August | Estimated Travel Fee \$3,200

### DAY 1 | Fly to Guatemala City, Guatemala

Depart Boston early in the morning for flights to Guatemala City. Take van from airport to hotel in Antigua, Guatemala. Settle in to hotel and explore city. Group dinner.

### DAY 2 | Clinic & Workshop Visits in Antigua

Spend the day at a wheelchair workshop and a prosthetics clinic. Overnight in Antigua.

### DAY 3 | Hospital Visit & Sports Activity

Visit Virgen del Socorro Rehabilitation Hospital in San Jual del Obispo. In the evening, watch a wheelchair basketball competition. Overnight in Antigua.

### DAY 4 | Coffee & Chocolate Tours

Visit to and tour of De La Gente Coffee Farm in the morning. Take part in a chocolate making class in the afternoon. Overnight in Antigua.

### DAY 5 | Cultural Activities

Free time in morning to explore Antigua. Afternoon visit to Azotea Heritage Museum or a Cathedral tour. Overnight in Antigua.

### DAY 6 | Rafael Landivar University

Morning visit with OT/PT faculty and students from the Rafael Landivar University. Afternoon visit to a government run rehabilitation center. Travel to Santiago Atitlan for overnight.

### DAY 7 | School Visit & Local Medicine

Elementary school visit in morning. Afternoon cultural tour and ceremony with a local Shaman/Healer. Overnight in Santiago Atitlan.

## Sample Itinerary

### DAY 8 | Site Visits

Morning visit to an Elders' Center, where the group will help serve lunch. Afternoon tour of a local hospital and visit a workshop for people with disabilities. Take boat to San Pedro la Laguna for overnight.

### DAY 9 | San Pedro la Laguna Site Visits

Spend day at a school for children with disabilities, conducting home visits, and helping out at a job training cafe. Overnight in San Pedro la Laguna.

### DAY 10 | San Pedro la Laguna Site Visits

Second day at a school for children with disabilities, conducting home visits, and helping out at a job training cafe. Overnight in San Pedro la Laguna.

### DAY 11 | Cultural Visits

Take morning boat to Panajachel for a morning of shopping, sightseeing, and lunch. Take a van to Guatemala City in the evening. Group dinner and overnight in Guatemala City.

### DAY 12 | Return Home

Depart Guatemala City to return to Boston.

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