

# ICELAND

## Physical Therapy Cultural Competency Experience

PTH 725 (3 Credits)

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Tentative Travel Dates: mid/late August | Estimated Travel Fee \$2,600

### DAY 1 | Fly to Reykjavik, Iceland

Board an overnight flight from Boston to Reykjavik, Iceland arriving the following morning.

### DAY 2 | Explore Reykjavik

Visit the Blue Lagoon upon arrival in Iceland. Settle into lodging in the afternoon and take time to either rest or explore Reykjavik. Group dinner and ice breaker activity.

### DAY 3 | University of Iceland

Attend classroom learning activities at the University of Iceland's PT program. UNE and Icelandic students will share presentations. Social activities with Icelandic colleagues and students.

### DAY 4 | University of Iceland

Additional classroom learning activities and presentations. Meet with the president of the Icelandic Physical Therapy Association.

### DAY 5 | Cultural Activities

Free day to explore culture of Iceland. Possible activities include Reykjavik Culture Night (Menningarnótt), the Reykjavik Marathon (10K and up), and other events throughout the day and evening. Fireworks show at the harbor in the evening.

### DAY 6 | Sightseeing Outside Reykjavik

Possible activities include the Golden Circle, whale watching, or other suggested activities based on the group's interests.

### DAY 7 | Clinic Visits

Full day of clinic visits with students and faculty from the University of Iceland. Group dinner.

## Sample Itinerary

### DAY 8 | University of Iceland & Return Home

Spend the day at the University of Iceland. Debrief activity. Evening flight to Boston.

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