

# KENYA

## Environment, Health & Community Development in East Africa

ENV 348 (ADV, 4 credits)

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Tentative Travel Dates: 21 days: May-June | Estimated Travel Fee \$4,000

**Sample itinerary is based on a previous trip so actual activities may very well differ.**

### DAY 1 | Fly from Boston

Meet at Boston Logan airport for overnight flight to European gateway airport and connecting flight to Nairobi, Kenya

### DAY 2 | Connecting flight to Nairobi, Kenya

Arrive European gateway in the morning, then board connecting flight to Nairobi, meet drivers at airport, transfer to apartments, dinner, overnight

### DAY 3 | Nairobi

Breakfast, National Museum of Kenya, lunch, Nairobi National Park game drive, dinner, overnight at apartments

### DAY 4 | Overland drive to Kisumu, Kenya

Breakfast, travel by vans through Rift Valley, seeing Lake Naivasha, Nakuru, and Kericho enroute, lunch in Nakura, arrive Kisumu, settle into hotel, dinner, overnight at hotel

### DAY 5 | Maseno University

Breakfast, tour Maseno University and School for Environment & Earth Science, lunch on campus, dinner in Kisumu, overnight in hotel

### DAY 6 | Nyakach & NYADEC

Breakfast, depart Kisumu for Nyakach, meet NYADEC members (the Nyando District Centre for Environmental Conservation), settle in with homestay family, visit local high school, dinner and overnight with homestay family

### DAY 7 | Volunteer with NYADEC

Breakfast with homestay family, work with NYADEC members on various projects to combat soil erosion, soccer, dinner and overnight with homestay family

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## Sample Itinerary

### DAY 8 | Lake Victoria

Breakfast with homestay family, outing to Lake Victoria beach to learn about fisheries management, dinner and overnight with homestay family

### DAY 9 | NYADEC farewell, return to Kisumu

Breakfast with homestay family, wrap up projects and farewell to NYADEC community, return to Kisumu, dinner, overnight at hotel in Kisumu

### DAY 10 | SWAP - Safe Water & AIDS Project

Breakfast at hotel, visit SWAP offices, go into the field with SWAP personnel, dinner at hotel, guest speaker discussing HIV research, overnight at hotel

### DAY 11 | Lake Victoria excursion

Breakfast at hotel, wrap up activities with SWAP, visit Impala Sanctuary or boat on Lake Victoria, possible hippo sightings, back to hotel for relaxed evening and dinner, overnight at hotel

### DAY 12 | Kakamega Rain Forest

Breakfast at hotel, travel overland to Kakamega in the rain forest, settle into bandas and meet KEEP (Kakamega Environmental Education Programme) staff, orientation and project with KEEP, hike with mist netting of birds, dinner and overnight at bandas

### DAY 13 | Kakamega, KEEP

Optional sunrise hike to highest point in Kakamega, breakfast back at bandas, continue work on KEEP projects, lunch at bandas, more work with KEEP, dinner and overnight at bandas

### DAY 14 | KEEP, return to Kisumu

Breakfast at bandas, environmental education sessions with local youth, wrap up and say goodbye to KEEP community, depart for Kisumu, dinner and overnight at hotel in Kisumu

### **DAY 15 | Nairobi**

Breakfast at hotel, overland drive from Kisumu to Nairobi, settle into apartments, dinner, overnight at apartments

### **DAY 16 | Lale'enok Resource Center**

Breakfast in apartments, overland drive to South Rift and Lale'enok Resource Center, lunch, visit archeological site at Olorgesailie, orientation, welcome dinner, overnight in tented camp

### **DAY 17 | Lale'enok Resource Center**

Breakfast in camp, spend day engaged in a variety of research and eco-tourism activities, game drive, dinner, overnight in tented camp

### **DAY 18 | Lale'enok Resource Center**

Breakfast in camp, spend 2nd full day in a variety of research and eco-tourism activities, game drive, dinner, overnight in tented camp

### **DAY 19 | Lale'enok Resource Center**

Breakfast in camp, spend 3rd full day in a variety of research and eco-tourism activities, game drive, dinner, overnight in tented camp

### **DAY 20 | Return to Nairobi**

Breakfast in camp, wrap up activities, overland drive to Nairobi, settle into apartments, dinner, overnight at apartments

### **DAY 21 | Giraffe Centre, Elephant Orphanage**

Breakfast in apartments, visit Giraffe Centre and David Sheldrick Elephant Orphanage, return to apartments to rest, pack and transfer to airport for evening departure from Nairobi airport

### **DAY 22 | Connecting flight to Boston**

Arrive European gateway airport and connect to flight back to Boston, afternoon arrival in Boston



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