This course is hosted by the UNE College of Osteopathic Medicine, the Department of Osteopathic Manipulative Medicine and the Department of Continuing Medical Education.

This course is meant for DOs, MDs and other licensed medical practitioners interested in learning or increasing their skills in Manual Medicine.
This course is for practicing DOs, MDs and other licensed medical practitioners who have not had prior training in Manual medicine. This course also serves as an excellent review for practicing DOs and MDs with previous osteopathic experience and/or training (this session is only required to be taken once, but can be taken as often as desired).

This session includes:
• Relevant history 
• Discussion of osteopathic principles and philosophy 
• Applications in clinical practice 
• Experiential, hands-on introduction to evaluation and treatment, using the following techniques:
  - Soft tissue – Articular – Muscle energy – Counter strain – Myofascial and Thrust (HVLA)

Clinical Application Session (Saturday and Sunday, 12 hours):
Over the course of two days, participants will apply the knowledge and skills learned in the Introductory Session to the selected regions of the body. All sessions offer an optimal participant/faculty ratio that makes effective use of hands-on practice time. Participants practice and experience manual techniques during the supervised table training exercises. The entire course is held in the state-of-the-art Osteopathic Manipulative Medicine Lab at the Harold Alfond Center for Health Sciences.

Faculty/Course Instructors:
Patricia E. Murray, DO

Faculty are assisted by UNE COM OMM/NMM Fellows and OMM/Anatomy Fellows.