

## PPE SELECTION GUIDE

<b>Exposed Portion of Body</b>	<b>Hazard</b>	<b>Protective Item</b>
Head	Impact, flying particles Electric shock Contamination	Strong plastic hard hats Dielectric hard hats Paper head covers
Eyes and Face	Flying particles/ Molten metal Harmful radiant energy Splash	Safety glasses Safety glasses (prescription) Face shields Hoods, shot-blasted helmets Glasses & goggles Chemical or metallic (filter lens) Splash-deflecting and/or vapor-tight goggles Face shields
Ear	Excessive noise levels	Ear plugs or inserts Ear muffs or cups
Hands and Arms	Impacts and cuts Temperature extremes Corrosive chemicals Contamination Electric Shock	Gloves, Arm protectors Gloves and pads Gloves Gloves Gloves, blankets, tools
Feet	Crushing hazards to toes or instep Corrosive chemicals Wet conditions Contamination	Safety shoes Treated shoes or boots Boots or wood-soled shoes Toe rubbers, shoe covers
Whole body and/or torso	Fire Temperature Corrosive chemicals Molten metal Impacts and cuts Falls Contamination	Fire-retardant clothing Asbestos and wool clothing Laboratory aprons Impervious clothing Pads and aprons Safety belts and harnesses Coveralls